# Transcript – CELCIS Blog – Champs Board - Paul and Dawn

My name is Dawn, I am 14 and in the 4th year at Belmont Academy.

(Paul) I'm in the 5th year in Belmont Academy and I'm 15. My uncle's a firefighter and my cousin was a firefighter. I want to be a firefighter.

(Dawn) I've wanted to join the police ever since I was a young kid seeing dog handling on TV. I got bullied for five years for being care experienced.

(Paul) Big mouths that didn’t know anything about being care experience, they would just shout and stuff - stuff they knew nothing about. That annoyed me a wee bit and got me into quite a few fights and then got me suspended twice and nearly expelled once. I spoke to Mrs. K. and then she introduced me to the Champions Board. Alex and Isaac and Dawn started going to that Champions Board every week and I got into a lot less fights and started taking up my clubs.

(Dawn) Mrs. K just told me I could sit there rather than being on my own at lunch times. So I made new friends. At Lunch Club I can sit, talk to people and have my lunch. And I have friends - people to speak to. It doesn't solve everything and I still get picked on I still get bullied for it, but it helped a lot.

(Paul) I just feel a little bit better in there, a bit more included. I am not judged because the other ones I know are care experienced as well. I didn’t actually know actually anybody at all in there, and then I just started talking started talking to everybody and now I know 90% of people in there.

(Dawn) I am looking forward to the room being done up. We've chosen what's going in the room, picked colours, we've picked furniture. So we all sort of sat down and done that together. We've chosen for what we wanted. So it's not like we've been given it and getting told to deal with it. We sort of feel like we're in charge our own thing for once.

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