**Pre-birth risk/needs assessment**

**The pre-birth assessment should include the well-being indicators and focus on strengths as well as risk factors.**

**This antenatal assessment should include both parents, family and wider environmental factors.**

**Mother’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Partner’s name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**EDD:** \_\_\_\_\_\_\_\_\_\_\_

**Assessing Social Worker:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date of Assessment:** \_\_\_\_\_\_\_\_\_\_\_

**Well-being Indicators : 0 - Birth**

**Healthy**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  Keeps antenatal appointments[ ]  Good working relationship with professionals[ ]  Good self care skills[ ]  An awareness of the unborn baby’s needs[ ]  Ability to prioritise the baby’s needs.[ ]  Good support network | [ ]  Drug/alcohol misuse[ ]  Domestic abuse[ ]  Mental ill health [ ]  History of postnatal depression[ ]  Poor engagement with professionals[ ]  Learning disability[ ]  Very young parent/immature[ ]  Stressful relationships[ ]  Limited support from others[ ]  Unwanted/concealed pregnancy |

**Achieving**

|  |  |
| --- | --- |
| Strengths | Risk factors |
| [ ]  An understanding of the developmental needs of a baby[ ]  Good early childhood experiences[ ]  Positive experience of professional relationships | [ ]  Lack of awareness of baby’s needs[ ]  Unrealistic expectations[ ]  Poor physical/mental health[ ]  Learning disability[ ]  Poor experience of professional relationships |

**Nurtured**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  Positive childhood experiences[ ]  Stable relationships[ ]  Maturity[ ]  Good support network[ ]  Empathy and the ability to keep the unborn ‘child in mind’ | [ ]  Conflict and hostility in the family environment[ ]  Very young parent/immature[ ]  Poor relationship history[ ]  Poor physical or mental health[ ]  Lack of social supports[ ]  Inability to focus on the needs of the unborn child |

**Active**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  Keeping active during pregnancy[ ]  Visiting others in the community[ ]  Taking advantage of local activities[ ]  Prepared for the baby’s arrival | [ ]  Social isolation[ ]  Physical or mental health problems that inhibit social activity [ ]  Inability to prepare for the baby’s arrival |

**Respected**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  Self-esteem[ ]  Positive relationships[ ]  Involved in decision making[ ]  Makes positive choices | [ ]  Poor self-care[ ]  Poor self-esteem[ ]  Poor relationship history[ ]  Domestic abuse |

**Responsible**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  Able to make positive choices in pregnancy[ ]  Keeps all appointments and is proactive in self-care [ ]  Acknowledges concerns, without blaming others[ ]  Able to prioritise the well-being of the unborn child [ ]  Able to budget – good practical skills | [ ]  Chaotic lifestyle[ ]  Unable to focus on, or prepare for the baby[ ]  Poor antenatal care[ ]  Prioritising of own and partners needs [ ]  Housing and financial problems [ ]  History of offending |

**Included**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  Good support from family or friends[ ]  Makes use of community resources | [ ]  Social isolation[ ]  Poor social supports[ ]  Negative childhood experiences |

**Safe**

|  |  |
| --- | --- |
| Strengths | Risk Factors |
| [ ]  No concerns regarding previous children[ ]  Good support network[ ]  Stable relationships[ ]  Suitable housing[ ]  Evidence of ability to change[ ]  Recognition and understanding of risks to the child | [ ]  Abuse or neglect of previous children[ ]  Previous children removed/on child protection register[ ]  Poor impulse control[ ]  Abuse in childhood[ ]  Domestic abuse[ ]  Drug or alcohol misuse[ ]  Homeless / poor housing |

Source - Scottish Government ‘Vulnerable Families Pathway’ 2010

<https://www.gov.scot/publications/pathway-care-vulnerable-families-0-3/>